July 2020 Solstice Senior Living at Palatine

		BE VIBRANT. BE YOU.			Solstice Senior Living at Palatine	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SOLSTICE SENIOR LIVING AT PALATINE	55 South Greeley Street Palatine, IL 60067 847-991-4700	Location Keys Craft Room- 4th Floor CR Main Lobby ML Sun Deck- 5th Floor SD	9:30 Walk the Community 10:00 Mindful Meditation [SD] 11:00 Sit & Fit [SD] 1:30 1st & 2nd FL Bingo [SD] 2:30 3rd, 4th, 5th Floor Bingo [SD] 3:30 Team 1 & 2 Olympic Game Practice [SD] 4:00 Team 3 & 4 Olympic Game Practices [SD] 7:00 Walk the Community	9:30 Walk the Community 10:00 Room Exercises 11:00 Sit & Fit [SD] 1:30 1st & 2nd Floor Trivia [SD] 2:30 73rd, 4th, 5th FL Trivia [SD] 3:30 Spelling BEE [SD] 7:00 Walk the Community	9:30 Walk the Community 10:00 Room Exercises 11:00 Sit & Fit [SD] 1:30 Ist, 2nd, FL Bingo [SD] 2:30 Ist, 2nd, 5th FL Bingo [SD] 3:30 Top 5 7:00 Walk the Community	Ask Alexa Independence Day 9:30 Walk the Community 9:30 Wii Bowling [SD] 10:00 Room Exercises 1:00 Phone a Friend 2:00 Name That Tune [SD] 7:00 Walk the Community
Catholic Service, Channel 1668 TV Church Services- Channel 16 9:30 Walk the Community 10:00 Room Exercises 1:00 Work on Weekly Packet 2:00 Wii Bowling [SD] 7:00 Walk the Community	9:30 Walk the Community 10:00 Room Exercises 11:00 Sit & Fit [SD] 1:30 Ist & 2nd FL Bingo [SD] 2:30 Ist & 4th, 5th, FL Bingo [SD] 3:30 Trivia Lyrics Sing-A-Long [SD] 7:00 Walk the Community	9:30 Walk the Community 10:00 Room Exercises 11:00 Sit & Fit [SD] 1:30 Wheel of Fortune [SD] 2:30 Calendar Review [SD] 3:00 Creative Crafts [CR] 7:00 Walk the Community	9:30 Walk the Community 10:00 Mindful Meditation [SD] 11:00 Sit & Fit [SD] 1:30 1st & 2nd FL Bingo [SD] 2:30 3rd & 4th, 5th FL Bingo [SD] 3:30 Team 1 & 2 Olympic Game Practice [SD] 4:00 Team 3 & 4 Olympic Game Practices [SD] 7:00 Walk the Community	9:30 Walk the Community 10:00 Room Exercises 11:00 Sit & Fit [SD] 1:30 1st & 2nd Floor Trivia [SD] 2:30 73rd, 4th, 5th FL Trivia [SD] 3:30 Dictionary Definition [SD] 7:00 Walk the Community	9:30 Walk the Community 10:00 Room Exercises 11:00 Sit & Fit [SD] 1:30 Ist, 2nd FL Bingo [SD] 2:30 Jard, 4th, 5th FL Bingo [SD] 3:30 Scattergories 7:00 Walk the Community	Ask Alexa 9:30 Walk the Community 9:30 Wii Bowling [SD] 10:00 Room Exercises 1:00 Phone a Friend 1:30 Weekly Packet Station [ML] 2:00 Name That Tune [SD] 7:00 Walk the Community
Catholic Service, Channel 12 1668 TV Church Services- Channel 16 9:30 Walk the Community 10:00 Room Exercises 1:00 Work on Weekly Packet 2:00 Wii Bowling [SD] 7:00 Walk the Community	9:30 Walk the Community 10:00 Room Exercises 11:00 Sit & Fit [SD] 1:30 Ist & 2nd FL Bingo [SD] 2:30 Ist & 4th, 5th, FL Bingo [SD] 3:30 Trivia Lyrics Sing-A-Long [SD] 7:00 Walk the Community	9:30 ♥ Walk the Community 10:00 ♥ Room Exercises 11:00 ♥ Sit & Fit [SD] 1:30 ₱ Wheel of Fortune [SD] 2:30 ♥ Solstice Phase Update [SD] 3:00 ★ Creative Crafts [CR] 7:00 ♥ Walk the Community	9:30 Walk the Community 10:00 Mindful Meditation [SD] 11:00 Sit & Fit [SD] 1:30 1st & 2nd FL Bingo [SD] 2:30 3rd & 4th, 5th FL Bingo [SD] 3:30 Team 1 & 2 Olympic Game Practice [SD] 4:00 Team 3 & 4 Olympic Game Practices [SD] 7:00 Walk the Community	9:30 ♥ Walk the Community 10:00 ♥ Room Exercises 11:00 ♥ Sit & Fit [SD] 1:30 ₩ 1st & 2nd Floor Trivia [SD] 2:30 ₱ 3rd, 4th, 5th FL Trivia [SD] 3:30 ₱ Hidden Word Finders [SD] 7:00 ♥ Walk the Community	9:30 ♥ Walk the Community 10:00 ♥ Room Exercises 11:00 ♥ Sit & Fit [SD] 1:30 ♥ 1st, 2nd FL Bingo [SD] 2:30 ♥ 3rd, 4th, 5th FL Bingo [SD] 3:30 ₱ Famous Movie Lines 7:00 ♥ Walk the Community	Ask Alexa 9:30 Walk the Community 9:30 Wii Bowling [SD] 10:00 Room Exercises 1:00 Phone a Friend 1:30 Weekly Packet Station [ML] 2:00 Name That Tune [SD] 7:00 Walk the Community
Catholic Service, Channel 19 1668 TV Church Services- Channel 16 9:30 Walk the Community 10:00 Room Exercises 1:00 Work on Weekly Packet 2:00 Wii Bowling [SD] 7:00 Walk the Community	9:30 Walk the Community 10:00 Room Exercises 11:00 Sit & Fit [SD] 1:30 Ist & 2nd FL Bingo [SD] 2:30 Ist & 4th, 5th, FL Bingo [SD] 3:30 Trivia Lyrics Sing-A-Long [SD] 7:00 Walk the Community	9:30 ♥ Walk the Community 10:00 ♥ Room Exercises 11:00 ♥ Sit & Fit [SD] 1:30 ₱ Wheel of Fortune [SD] 2:30 ● Best Vacation Destinations [SD] 3:00 ★ Creative Crafts [CR] 7:00 ♥ Walk the Community	9:30 Walk the Community 10:00 Mindful Meditation [SD] 11:00 Sit & Fit [SD] 1:30 1st & 2nd FL Bingo [SD] 2:30 3rd & 4th, 5th FL Bingo [SD] 3:30 Team 1 & 2 Olympic Game Practice [SD] 4:00 Team 3 & 4 Olympic Game Practices [SD] 7:00 Walk the Community	9:30 ♥ Walk the Community 10:00 ♥ Room Exercises 11:00 ♥ Sit & Fit [SD] 1:30 ₩ 1st & 2nd Floor Trivia [SD] 2:30 ₱ 3rd, 4th, 5th FL Trivia [SD] 3:30 ₱ Mystery Characters Game [SD] 7:00 ♥ Walk the Community	9:30 ♥ Walk the Community 10:00 ♥ Room Exercises 11:00 ♥ Sit & Fit [SD] 1:30 ♥ 1st, 2nd FL Bingo [SD] 2:30 ♥ 3rd, 4th, 5th FL Bingo [SD] 3:30 ₱ 5 Second Rule 7:00 ♥ Walk the Community	Ask Alexa 9:30 Walk the Community 9:30 Wii Bowling [SD] 10:00 Room Exercises 1:00 Phone a Friend 1:30 Weekly Packet Station [ML] 2:00 Name That Tune [SD] 7:00 Walk the Community
Catholic Service, Channel 26 1668 TV Church Services- Channel 16 9:30 Walk the Community 10:00 Room Exercises 1:00 Work on Weekly Packet 2:00 Wii Bowling [SD] 7:00 Walk the Community	9:30 ♥ Walk the Community 10:00 ♥ Room Exercises 11:00 ♥ Sit & Fit [SD] 1:30 ♥ 1st & 2nd FL Bingo [SD] 2:30 ♥ 3rd, 4th, 5th, FL Bingo [SD] 3:30 F Trivia Lyrics Sing-A-Long [SD] 7:00 ♥ Walk the Community	9:30 Walk the Community 10:00 Health Discovery Series [SD] 11:00 Sit & Fit [SD] 1:00 Wheel of Fortune [SD] 2:30 Let Freedom Ring Event [SD] 7:00 Walk the Community	9:30 Walk the Community 10:00 Mindful Meditation [SD] 11:00 Sit & Fit [SD] 1:30 1st & 2nd FL Bingo [SD] 2:30 3rd & 4th, 5th FL Bingo [SD] 3:30 Olympic Games Begin [SD] 4:00 Team 3 & 4 Olympic Game Practices [SD] 7:00 Walk the Community	9:30 ♥ Walk the Community 10:00 ♥ Room Exercises 11:00 ♥ Sit & Fit [SD] 1:30 ₩ 1st & 2nd Floor Trivia [SD] 2:30 ₱ 3rd, 4th, 5th FL Trivia [SD] 3:30 ₱ Spelling BEE [SD] 7:00 ♥ Walk the Community	9:30	Be Adventurous ■ Be Challenged ■ Be Connected ■ Be Inspired ■ Be Social ■ Be Well